

# Coming Home Practice Circle

## For all Veterans

Every last Friday of the month: 7:00-9:00 pm  
2008 Dates: Jan 25, Feb. 29, Mar. 28, Apr 25  
at the Zen Community of Oak Park



Often returning veterans may not find the community and spiritual support that is familiar with veterans' experiences. The Zen Community is committed to providing this kind of support to any veteran. Practice circles are a safe way to listen and speak from the heart about our experiences with others. A talking piece is used so that no cross talk takes place in the circle and only the person with the talking piece is allowed to speak. This circle is open to all veterans and members of the Zen Community of Oak Park.

This circle will be facilitated by Sensei Robert Joshin Althouse, Buddhist priest, Zen Teacher, and Abbot of the Zen Community of Oak Park, Empty Sound Temple.

Also leading this group will be David Pyle and Seanon Holland. Both veterans and students at the Meadville Lombard Theological School, David is a US Army Chaplaincy Candidate. He served in Panama, Colombia, El Salvador, and Bosnia y Herzegovina. David is also a member of the Zen Community of Oak Park. Seanan served in the Marine Corps in Kosovo, Zaire, and Iraq and is preparing to return to active duty as a chaplain.

for more information call  
**708-445-1651**

*The Zen Community of Oak Park is located at 163 N. Humphrey Ave. (1 block west of Austin Ave. and 1/2 block north of Lake St.) in Oak Park.*

A Dana Donation is appreciated  
**[www.zencommunity.org](http://www.zencommunity.org)**